



"I'm Still Standing"

Field Pom - Choreographed by Danielle Dooley

- 8- Hold 1-2, G3/4/5 (low v/T/high v) 3-5, circle to high v 6-8
- 8- G 1/2/3 lean out to roll up to stand
- 8- bc push to front 1-2, arms L 3, down 4, arms RLR sit into hip 5&6 OR 7&8
- 8- transition: high v 1, low v 2, circle 3-4, shake 5-8
- 4- transition: diagonal x2 1-2, wrap 3-4

- 8- (facing front & back) chasse bc 1-4, swing L 5-6, pose 7-8
- 8- bc battement 1-4, cheerio to hip 5-8
- 4- windmill L arm to diagonal 1-4

- 8- chasse step push pivot 1-4, roll to ground or 3 step turn standing 5-8
- 8- ripple clap to front 1-4, prep 5, pirouette 6-7, land 8
- 8- G 1/3/5 stationary leap cont 6-8
- 8- floor calypso 1-4, roll to stand 5-8

- 8- ½ diagonals 1-4, shake 5-8
- 8- low V, T, high v, clap 1-4, shake in & down 5-8

- 8- 1/3/5 opposite arm to knee 1-2, switch 3-4, T 5, drop 6, swing to L 7-8
- 8- cont. 1-4, chasser ripple 5-8
- 4- soutenu 1-4

- 8- T cha cha x2 1-4, cheerios x3 5-7, close 8
- 8- opposite lines (opposition) 4 L's 1-4, G 5/6/7 close to L
- 8- G 1/3/5 clock
- 8- K ripple back 1-4, windmill ripple to close 5-8
- 8- bent elbows down R L R L 1-4, shake 5-8
- 8- bent elbows up R L R L 1-4, shake 5-8
- 8- soutenu 1-4, levels shake 5-8
- 8- G 1/3/5 punch down, out, high V, hold 8
- 2- clap to low V 1-2

Formations:

1. Triangles

	x			x	x	x			x			
x	x			x	x				x	x		
x	x	x			x				x	x	x	

2. Staggered Lines

x	x	x	x	x	x		
	x	x	x	x	x	x	x
x	x	x	x	x	x	x	

3. V's

			x	x			
x	x	x	x	x	x		
	x	x	x	x			
		x	x	x			
			x	x			
				x			

4. X's

	x			x			
x	x		x	x			
	x	x	x	x			
		x		x			
	x	x	x	x			
x	x		x	x			
	x			x			